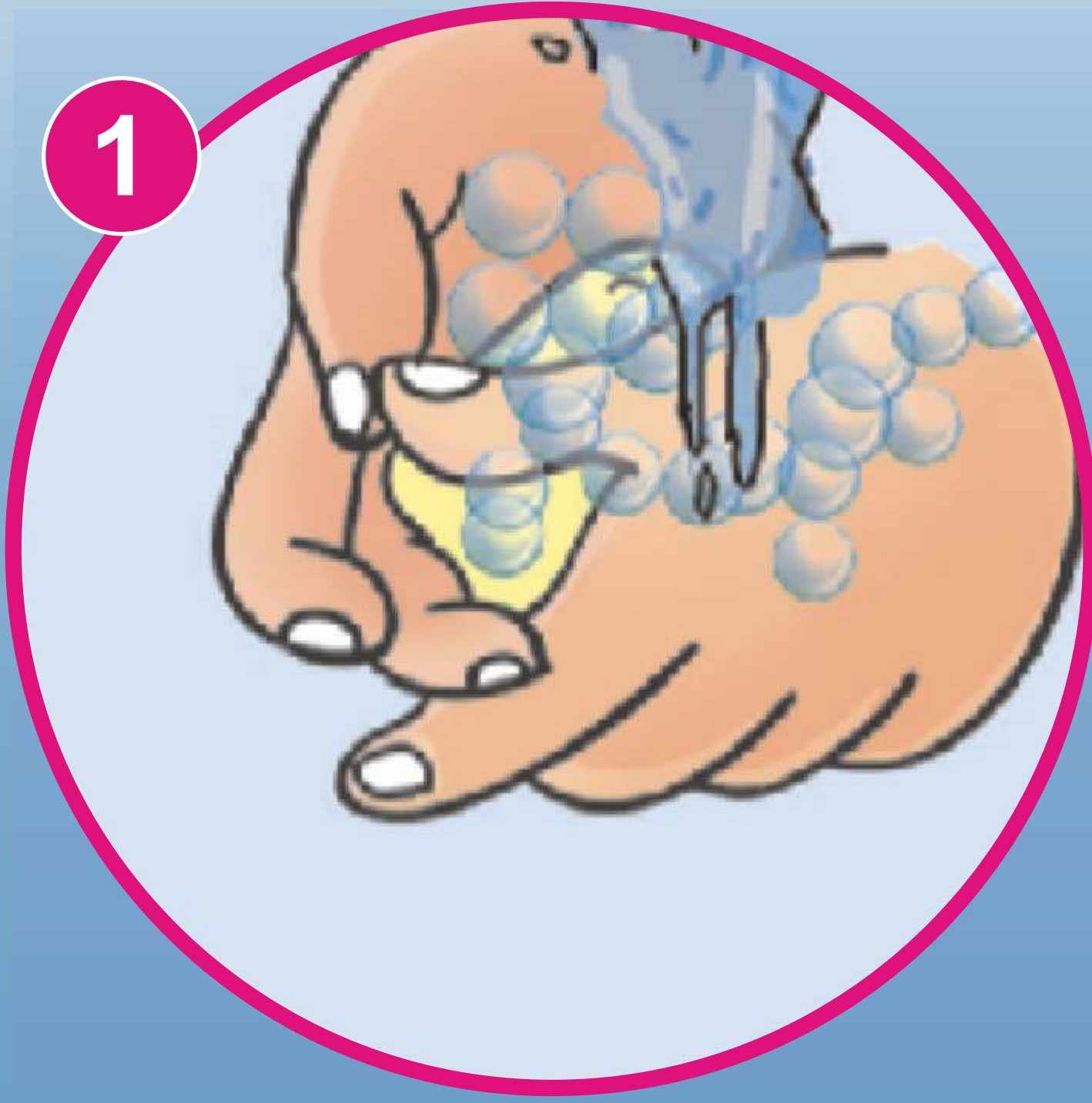


# साबुन से हाथ धोने के पाँच चरण !



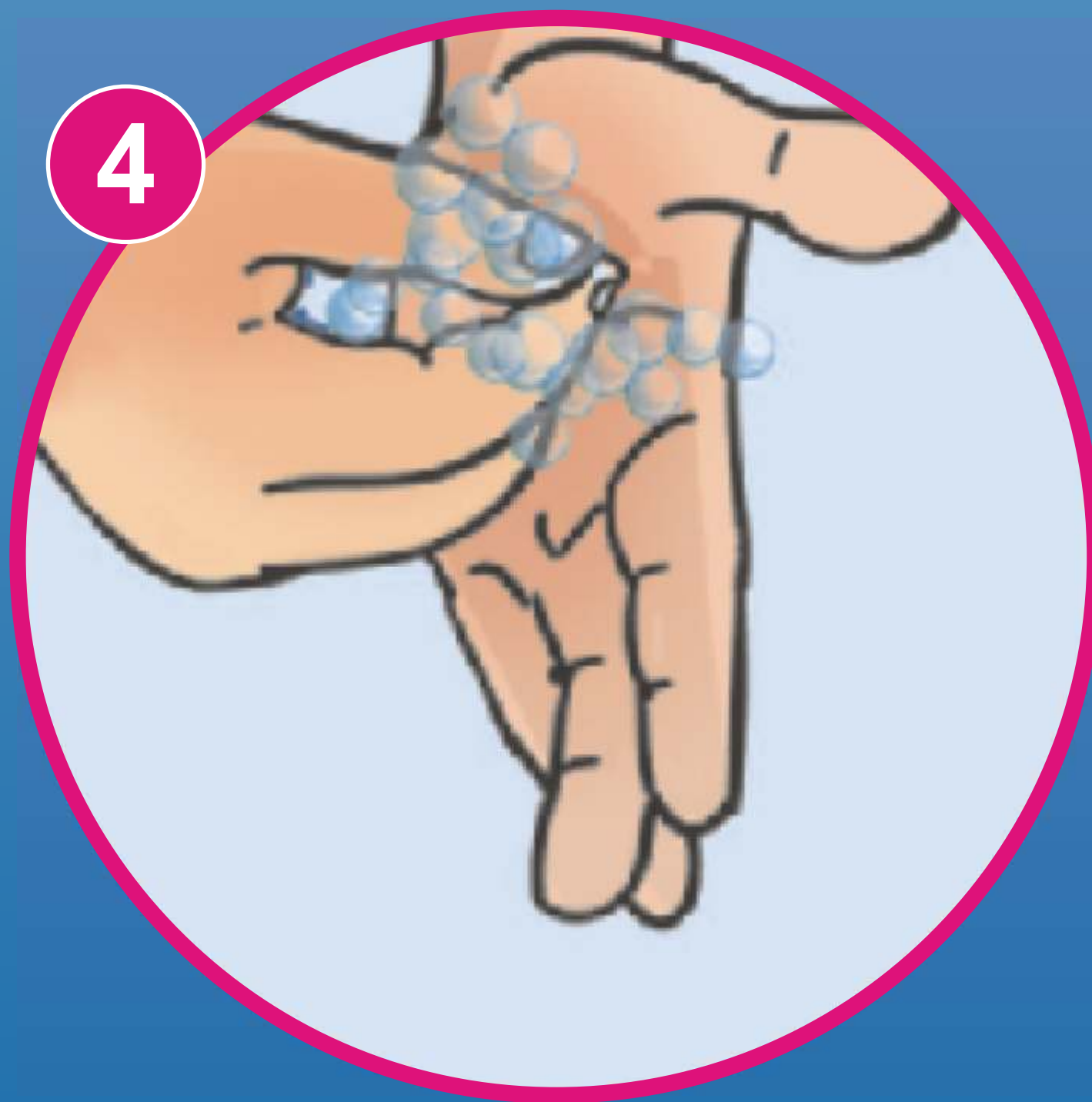
vi us gkFkka dks  
xhyk dja  
vkj I kcq yxk, a



vi uh gFkfy; ka dks  
vki I ea jxMa  
I kcq dk >kx cuk; a



vi uh gFkfy; ka dks vkx&i hNs  
nksuka rjQ vkj  
vxfy; ka ds chp ea Hkh jxMa



vi us uk [kuka dks  
vi uh gFkfyh ij [kj p&jxMa



nksuka gkFkka dks ij h rjg I s  
i kuh I s /kksdj I kQ dja

I kcq I s /kqys gkFk] cpk; s tkuA